

Online safety

We live in a digital time and our children are exposed to a whole world of new technologies. For this reason, online and digital safety is more important now than ever before. At Sullivan, we want our children to be confident with technology whilst being safe and smart users. We teach the children to be SMART online:

S- keep SAFE by not giving out any personal information. This includes email addresses, passwords and phone numbers.

M- MEETING people that you have met online can be dangerous. It is important to remember that online friends are still strangers even if you have been talking to them for a long time online.

A – ACCEPTING emails, messages or opening files, pictures or images can lead to problems as they might lead to viruses or could contain something inappropriate.

R- RELIABLE There is a lot of information on the internet but not all of it is true. Always check to see if it is **RELIABLE** by speaking to an adult or checking in a book. Remember that someone online might lie about who they really are. Always check with an adult.

T- Always TELL your parent, carer or another adult if you are unsure about anything you have read or seen on the internet, if you are feeling unsure or worried or if you think you or someone else is being bullied online.

Guide for parents

Follow the link below to find out more about age-appropriate online-safety guidance for your child.

<https://www.internetmatters.org/advice/esafety-leaflets-resources/#age-guides>

<https://www.nspcc.org.uk/preventing-abuse/keeping-children-safe/online-safety/>

<https://www.thinkuknow.co.uk/>